

# April RCS EYC Canteen Menu

Full Meal \$6.50	Medium Meal \$4.50	Soup \$3.50	Dessert \$1.75	Salad \$6.50
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Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	Cheese Burger w/Fries Chicken Burger w/Fries <u><b>Soup</b></u> Chicken Rice <u><b>Dessert</b></u> Chocolate Brownies	Taco in a Bag <u><b>Soup</b></u> Cream of Broccoli <u><b>Dessert</b></u> Chocolate Banana Cookies	<b>Pizza</b> <u><b>Soup</b></u> Italian Wedding <u><b>Dessert</b></u> Carrot Cake	Chicken Quesadilla with Caesar Salad <u><b>Soup</b></u> Butternut Squash <u><b>Dessert</b></u> Churros with Chocolate Sauce
<i><b>Salad of the week: Beef Taco Salad</b></i>				
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Clubhouse Sub with Chips <u><b>Soup</b></u> Loaded Baked Potato <u><b>Dessert</b></u> Lemon Blueberry Cupcakes	Roast Beef, Mashed Potatoes and Carrots <u><b>Soup</b></u> Beef Barley <u><b>Dessert</b></u> Caramel Apple Squares	<b>Pizza</b> <u><b>Soup</b></u> Borsch <u><b>Dessert</b></u> Homemade Oreos	<b>Pizza</b> <u><b>Soup</b></u> Creamy Dill <u><b>Dessert</b></u> No bake Cheery Cheesecake	Chicken Alfredo with Garlic Toast <u><b>Soup</b></u> Roasted Bell Pepper <u><b>Dessert</b></u> Pavlova
<i><b>Salad of the week: Chicken Dill Pickle Salad</b></i>				
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Pizza Grilled Cheese with Soup or Chips <u><b>Soup</b></u> Cream of Tomato <u><b>Dessert</b></u> Smarties Cookies	Chicken Bacon Ranch Wrap with Carrots <u><b>Soup</b></u> Cream of Mushroom <u><b>Dessert</b></u> Strawberry Puffs	<b>Pizza</b> <u><b>Soup</b></u> Lemon Lentil Soup <u><b>Dessert</b></u> Mini Donuts	<b>Pizza</b> Or Pulled Pork Sandwich with Fries <u><b>Soup</b></u> Jalapeno Cheddar <u><b>Dessert</b></u> Banana Caramel Crepes	<b>Good Friday</b>  <b>No School</b>
<i><b>Salad of the week: Tuscan Chicken and Chickpea Salad</b></i>				
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Easter Break</b>  <b>No School</b>	<b>Easter Break</b>  <b>No School</b>	<b>Easter Break</b>  <b>No School</b>	<b>Easter Break</b>  <b>No School</b>	<b>Easter Break</b>  <b>No School</b>
<i><b>Salad of the week:</b></i>				
<b>28</b>	<b>29</b>	<b>30</b>		
Greek Chicken Pita with Veggies and Dip <u><b>Soup</b></u> Chicken Noodle <u><b>Dessert</b></u> Coffee Cake	Baked Lasagna with Garlic Toast <u><b>Soup</b></u> Cream of Carrot and Curry <u><b>Dessert</b></u> S'mores Bar	<b>Pizza</b> French Onion <u><b>Dessert</b></u> Worms and Dirt		
<i><b>Salad of the week: Cobb Salad</b></i>				

## Daily Canteen Items

Meals		Beverages	
Full Meal	\$6.50	Juice Box	\$1.00
Medium Meal	\$4.50	Water	\$1.00
Hot Dog	\$3.25	Small White Milk	\$1.00
Pizza Pop - each	\$2.00	Small Chocolate Milk	\$1.00
Soup and Crackers	\$3.50	Large White Milk	\$1.50
Grilled Cheese Sandwich	\$2.75	Large Chocolate Milk	\$1.50
Salad of the Week	\$6.50		
Chicken Caesar Wrap	\$6.00		
Dessert of the Day	\$1.75		
Snacks			
Fresh Fruit (Apple or Orange)	\$0.75	Hummus and Crackers	\$2.50
Carrots and Ranch Dip	\$1.50	Chips and Homemade Salsa	\$2.50
Cheese Strings (2 strings)	\$1.50	Yogurt	\$1.00
Ritz Crackers	\$1.00	Gold Fish	\$1.00
Granola Bar	\$0.75 + GST	Fruit Snacks	\$0.75 + GST
Famous Amos Cookies	\$1.00 + GST	Assorted Chips	\$1.50 + GST
Bear Paws	\$1.00+GST	Swirl World Frozen Yogurt	\$3.25
Fruit Cup	\$1.00		

Daily Deal
<p>Grilled Cheese Sandwich  Choice of Juice Box or Small Milk  Choice of Yogurt or Carrots and Dip</p> <p>\$5.00</p>